



OPM Announces 2025 Open Season – November 10 through December 8

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OPM News Release – October 9, 2025

Washington, DC – Today, the Office of Personnel Management (OPM) announced the [2025 Federal Benefits Open Season](#) will be held from **November 10 through December 8, 2025** and the [2026 plans and premiums](#) for Federal Employees Health Benefits (FEHB) Program, Postal Service Health Benefits (PSHB) Program, and Federal Employees Dental and Vision Insurance Program ([FEDVIP](#)) are now available for review

This is the opportunity for eligible federal and postal employees and annuitants to enroll or make changes to their health, dental, and vision coverage for the upcoming year.

“During Open Season, we want to give enrollees the opportunity to review their coverage, compare coverage options, and make the choice that is right for them,” **Associate Director for Healthcare and Insurance Shane Stevens said.** “I strongly encourage all employees to reassess their current coverage and choose the plans that best meet their family’s needs.”

FEHB and PSHB Programs provide enrolled and eligible people with competitive options. For 2026, the FEHB Program has 47 participating carriers offering a total of 132 plan options. The PSHB Program has 17 participating carriers offering a total of 75 plan options. FEDVIP will have 11 dental carriers offering 21 plan options and five vision carriers offering 10 plan options.

In 2026, six FEHB plans, one PSHB plan, and one FEDVIP plan will no longer be available. Enrollees in these plans should choose another plan this Open Season.

Source: [OPM](#)